

## Replacing a kidney catheter

The catheter in your renal pelvis needs to be replaced.

Please reserve 2 hours for the entire procedure. Changing the catheter takes about an hour. Patient who need urgent examination, may be examined before you.

No bed rest is usually needed after a catheter change and you can go home after the procedure. However, sometimes bed rest may be necessary, so be prepared to stay at the ward.

Please see the arrival instructions or appointment letter for contact information, if you have any questions about the procedure.

### Before the procedure

Have laboratory tests taken according to the instructions you've received. The outpatient clinic or ward responsible for your care has provided the instructions.

- **If you are or suspect you may be pregnant**, please contact the unit that referred you to the examination as soon as possible.
- **If you have an allergy to an anesthetic or iodine contrast**, contact the outpatient clinic or ward that referred you to the examination.
- Do not eat or drink at all in the morning before the procedure. You will need to fast without food or drink for at least 4 hours.

### Medication

The physician responsible for your treatment will instruct you how to take your medication if you

- use medication affecting the blood's tendency to clot, or
- have diabetes treated with insulin.

If you have not received instructions, please contact the outpatient clinic or ward that referred you to the procedure.

- If you are on tablet medication for diabetes, take the tablets only after the procedure.
- Take your other prescription medicines in the morning with a small amount of water.

## **During the procedure**

Prior to the procedure, you will be given an antibiotic at the ward or in the X-ray unit.

A doctor will insert a new catheter using the old catheter. X-ray imaging is used to aid the procedure.

## **After the procedure**

The doctor responsible for your treatment decides how long you need to have the catheter. The catheter must be replaced at least every 3 months.

The unit responsible for your care will book you an appointment for catheter replacement. You do not need to book an appointment yourself. You will be notified about the appointment with a letter.

At home, take care that the catheter or urine bag tube does not get caught on anything and detach.

If you have any questions about the catheter, please contact the outpatient clinic or ward responsible for your treatment.

## **Other things to note**

You will not be charged for the examination separately.

Cancel the appointment if you cannot come. If you do not cancel, you will be charged a fine.