

# Mammography

You have received a referral for an X-ray examination of the breasts, which is also called a mammography.

Sometimes an ultrasound examination or procedure is performed at the mammography appointment, for example, to take a tissue sample.

Please reserve 2 hours for your visit. The examination takes approximately 15-20 minutes.

Please see the arrival instructions or appointment letter for contact information, if you have any questions about the examination.

#### Before the examination

If you breastfeed, you must empty your breasts before the examination.

### **During the examination**

You will need to remove all clothing from the waist up for the examination. You will be standing up or sitting down during the scan.

In the examination, a radiographer will compress your breast between two plates and take X-ray images. The compression is needed to make the image sharp. 2–3 images will be taken of both breasts.

#### After the examination

The health center, outpatient clinic or ward that referred you to the examination will let you know the results of the examination.



# Other things to note

If you have old mammography, ultrasound or MRI images on a CD, please bring them with you.

You will not be charged for the examination separately.

Cancel the appointment if you cannot come. If you do not cancel, you will be charged a fine.

## **Further information**

Watch video of examinations: youtube.com >> Tutkimukset minuutissa: Mammografia.