

1 (4) Patient instruction

Pelvic MRI

Gynekologinen magneettikuvaus

An MRI examination provides precise anatomical images. Imaging takes place in a tunnel-like device that is open from both ends.

Please familiarise yourself with the MRI safety questionnaire in advance and bring the filled in form with you.

Please reserve approximately 3 hours for your visit. The examination takes 30–60 minutes. Patients who need urgent examinations may be examined before you.

Please see the arrival instructions or appointment letter for contact information, if you have any questions about the examination.

If you have claustrophobia or fear of confined spaces, please let the staff know when you register. You may receive sedative medication before the examination. If you take the sedative, you cannot drive a car.

You may have a support person in the examination room with you, if it is safe for them. Please see the MRI safety questionnaire.

If you have an artificial joint replacement in your hip, please call the unit where your MRI

appointment is to take place. The artificial hip joint may affect the choice of scanner. Please see the arrival instructions for the contact information.

Before the examination

- Do not eat 4 hours before the examination.
- You can drink water.
- Take your regular medication as usual.
- Remove all jewellery and leave them at home.
- If you are using a transdermal patch, schedule its replacement for the examination day. Remove the old patch for the duration of the scan. Attach the new patch after the scan.



• If you have a sensor that monitors interstitial fluid glucose, you must remove it before the scan.

Bring a new sensor with you.

During the examination

You will change into hospital clothes before the scan.

A radiographer will help you to lie down in a comfortable position on the scanner's examination table.

Before the examination, the vagina may be filled with a gel-like mixture.

For the images to succeed, you must remain completely still.

The success of the examination requires staying still.

You will receive earplugs and headphones because the MRI scanner makes loud noise. You can listen to the radio if you wish.

The radiographer will be in the adjacent room during the scan. The radiographer will see and hear you throughout the examination.

A cannula will be placed in your vein. It is used to administer medication that relaxes your bowels. The images will be better this way.

A radiologist will decide if you will be given a contrast agent injection. The contrast agent makes it easier to identify tissues in the images.

After the examination

The examination does not require any post treatment.

You will receive the results of the examination from the doctor who treats you.

If you do not know how to find out the results, please contact the outpatient clinic or ward that referred you to this examination.

Other things to note

You will not be charged for the examination separately.

Cancel the appointment if you cannot come. If you do not cancel, you will be charged a fine.



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Further information

Watch video of examinations: <u>www.youtube.com</u> >> Tutkimukset minuutissa: Magneettitutkimus Subtitles: English, Swedish, Finnish



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