

MRI defecography

Ulostamistapahtuman magneettikuvaus

Magnetic resonance imaging produces precise images without X-rays.

The MRI scan is performed with a device that is like a tunnel, open at both ends.

Please familiarise yourself with the MRI safety questionnaire in advance and bring the filled in form with you.

Please reserve approximately 3 hours for your visit.

The examination usually takes 30-60 minutes.

Patients who need urgent examinations may be examined before you.

Please see the arrival instructions or appointment letter for contact information, if you have any questions about the examination.

If you have claustrophobia or fear of confined spaces, please let the staff know when you register.

You may receive sedative medication before the examination.

If you take the sedative, you cannot drive a car.

You may have a support person in the examination room with you if it is safe for them.

Please see the MRI safety questionnaire.

Before the examination

- You may drink and eat normally.
- Continue to take any medication prescribed by your doctor unless otherwise directed.
- You should remove all jewellery and leave them at home.
- **If you are using a transdermal patch**, schedule its replacement for the examination day.
Remove the old patch for the duration of the scan.
Attach the new patch after the scan.
- **If you have a sensor that monitors interstitial fluid glucose**, you must remove it before the scan.
Bring a new sensor with you.

Please empty your bladder before the scan.

During the examination

Radiographer helps you to get your examination position as comfortable as possible.

You will lie on your back with your legs slightly bent.

The success of the examination requires staying still.

You will be given earplugs and headphones because the examination causes a relatively loud noise.

The rectum will be filled with gel.

During the examination, we will give you instructions for tightening and relaxing your pelvic floor muscles.

At the end of the examination, you will be asked to strain and defecate.

Scanning will be done at the same time to record muscle function and the act of defecating.

After the examination

The examination does not require any post treatment.

You will receive the results of the examination from the doctor who treats you.

If you do not know how to find out the results, please contact the outpatient clinic or ward that referred you to this examination.

Other things to note

You will not be charged for the examination separately.

Cancel the appointment if you cannot come.

If you do not cancel, you will be charged a fine.

Further information

Watch video of examinations: www.youtube.com >> Tutkimukset minuutissa: Magneettitutkimus.

Subtitles: English, Swedish, Finnish