

Removal of a breast change in an X-ray unit

A tissue change was found in your breast, and it will be removed in an X-ray unit. The procedure is similar to the sampling you had previously.

Removing the abnormal tissue in an X-ray unit is a smaller procedure than one performed in an operating room.

Please arrive **15 minutes before your scheduled appointment**.

Please reserve 2 hours for your visit. The procedure takes approximately 1 hour.

Please see the arrival instructions or appointment letter for contact information, if you have any questions about the procedure.

Before the procedure

Contact the doctor who referred you to this procedure, if you

- are allergic to anesthetics,
- use blood-thinning medication or
- use omega-3 products.

When you arrive to the procedure, please bring with you a supportive bra or a top.

During the procedure

You will need to remove all clothing from the waist up for the procedure. The location of the tissue change will be checked using an ultrasound or a mammography device.

A radiologist will numb the breast and remove the abnormal tissue.

The removed tissue change will be sent to a laboratory for analysis.

After the procedure

- Keep the wound dry for 24 hours. After this, you may remove the wound dressing and take a shower.
- You should wear a supportive bra or a top for 2 days.
- Avoid physical strain for 2 days.
- Do not have a sauna, a bath, or a swim for a week after the procedure.
- The breast may feel sore. You can use paracetamol for the pain (Panadol[®] or Paratabs[®]) or ibuprofen (for example Burana[®] or Ibumax[®]).

Do not take acetylsalicylic acid (for example Aspirin[®] or Disperin[®]).

The sample taken from the breast will be analyzed. The results will be ready in about a week.

The health center, outpatient clinic or ward that referred you to the examination will let you know the results of the examination.

Other things to note

You will not be charged for the procedure separately.

Cancel the appointment if you cannot come. If you do not cancel, you will be charged a fine.