

Information on social security and social and health care services in 2023

This leaflet provides basic information on social security and services. With the hospital social worker, you can discuss how your illness affects your situation, and the social worker can provide further information on social security, services, and rehabilitation matters. Please ask the nursing staff for the social worker's contact information.

Public health care fees and maximum annual fees

HUS health care fees in 2023 are as follows:

- Inpatient care EUR 49.60 / day
- Ambulatory surgery procedure EUR 136.90
- Rehabilitation care EUR 13.60 / day (Synapsia: ward for spinal cord injuries, neurological rehabilitation wards 1 and 2)
- Outpatient clinic appointment (doctor's) EUR 41.80; remote appointment EUR 41.80
- Outpatient clinic appointment (nurse's) EUR 41.80; remote appointment EUR 41.80
- Serial treatment appointment EUR 11.60, invoiced a maximum of 45 times / year

Outpatient clinic visits for patients under the age of 18 and visits related to the treatment of specific communicable diseases are free of charge.

The annual maximum limit for customer fees is **EUR 692** / calendar year. Dental care fees and fees for temporary hospital-at-home care count towards the annual maximum limit. The treatment of minor children is included within the maximum annual fee of either parent. You must monitor the total amount of health care fees yourself and contact patient invoicing to receive a free pass when you reach the annual limit. If you are granted the free pass for the remaining year, the fee for treatment at inpatient ward is EUR 22.80 / day. Rehabilitation, outpatient clinic and serial treatment appointments as well as visits to your health center will be free of charge during the remaining year.

Travel compensation

Kela will pay compensation for travel expenses incurred by the patient for medical care, examinations, and rehabilitation, using the lowest-cost form of transportation. The health care staff will evaluate your right to use Kela taxi and will give you the necessary travel certificate form SV67. You must keep this travel certificate. The deductible for a one-way taxi trip is EUR 25. To book a Kela-subsidised taxi within the HUS region, you must always call one of the centralised dispatch numbers (tel. 0800

A medical social worker can be reached via your treating unit or the telephone exchange (09 4711)

HUS Patient Invoicing

tel. 09 471 78550 (on weekdays 9:00 a.m.–12 noon)

Kela

Information on Kela's allowances and application instructions are available on Kela's website (www.kela.fi), in Kela offices, or you can telephone the service number

tel. 020 629 204 (Sickness)

tel. 020 629 207 (Social assistance)

Authorized pension providers

Eläketurvakeskus www.tyoelake.fi
tel. 029 411 2110

Terveyskylä.fi health portal

Information and support is available online via the Terveyskylä website (in Finnish) www.terveyskyla.fi

Support from organizations

Patient organisations offer a forum for discussion, support and advice as well as organize initial information, rehabilitation and recreational courses.

<https://sosiaaliturvaopas.fi>

Tax administration

You can apply for a new tax card for social benefits or pension by phone Tel. 029 497 000 or by signing in to www.vero.fi

051 50 or 0800 414 600). If you book your taxi via another number, you will not receive travel reimbursements and the cost will not count towards your deductible. The annual deductible for travel expenses is **EUR 300**. Kela will automatically notify the Kela taxi dispatch centers when you have reached the travel expenses deductible.

A travel certificate is also required for trips of more than 100 km made in one's own vehicle. Compensation for the use of one's own vehicle is 33 cents/km. Small single payments, for example bus trips, also count towards the annual deductible. You must report the trips to Kela.

Reimbursements for medicine expenses

The annual initial deductible is EUR 50 for all persons over 18 years of age. You will be reimbursed for medicine expenses once you reach the initial deductible. The annual maximum limit on out-of-pocket medicine expenses reimbursed by Kela is EUR **592.16** per calendar year, after which you only need to pay EUR 2.50 deductible for your medicines. Kela will notify you when this amount has been reached. There are three types of medicine reimbursements: basic reimbursement is 40% of the price, lower special reimbursement is 65% of the price, and higher special reimbursement is 100% of the price, in which you still need to pay EUR 4.50 / medicine / purchase. You will need a medical certificate B to receive the special reimbursements, and it can also be granted for a temporary period.

Income during sick leave

The Kela sickness allowance compensates the loss of income during a sick leave period that lasts less than a year. Employed persons are entitled to sick pay for a certain period. With an application and a medical certificate A, you can be granted sickness allowance for 60 days at most. For longer sick leaves, you will need a medical certificate B. The payment of the sickness allowance after 90 weekdays requires a statement from your occupational health physician concerning your remaining working capacity. If necessary, Kela will also check your need for rehabilitation when sickness allowance has been paid for 150 and 230 days. Kela's sickness allowance is paid for a maximum of 300 working days. If you are able to work part-time despite your illness, you can apply for part-time sickness allowance. Part-time sickness allowance is paid for a maximum of 150 days.

If your disability continues, you may apply for rehabilitation allowance or disability pension from your pension insurance company and/or from Kela.

Occupational support

Kela's partial sickness allowance supports those who are only able to work part-time in returning to work full-time. You can discuss part-time work with your employer and occupational health care.

Vocational rehabilitation

Vocational rehabilitation can help you to gain work, remain at work, or return to work.

You can apply for vocational rehabilitation from Kela or from your authorised pension provider.

Social services and benefits

Social services and benefits include family caregiver support, transport services, personal assistance and home care services.

Home care and hospital-at-home services help you cope at home (incl. daily chores and personal activities) The fee depends on whether the need for assistance is temporary or permanent.

Support services in the form of meals, laundry, cleaning and support for social interaction are provided as part of the home care service.

Please retain all receipts for illness-related costs as well as copies of medical certificates and applications.

If your functional capacity has decreased due to an injury or an illness for at least a year and it causes you expenses, you may have the right to apply for Kela's disability allowance or care allowance for pensioners. A medical certificate C must be attached to the application.

If your income and assets are not enough to cover the costs, you may apply for basic social assistance from Kela. After the application for basic social assistance has been processed, you may apply for supplementary social assistance and preventive social assistance from your home municipality's social services.