Treatment of calcium deposits in tendon of the shoulder in Peijas Hospital x-ray unit

In this procedure, a calcium deposit in your rotator cuff will be removed with a needle.

Please note when you arrive

Please arrive **15 minutes before** your scheduled appointment.

Please reserve approximately two hours for your visit.
The procedure lasts for approximately 30 minutes.
Patients who need urgent examinations may be examined before you.

Please see the arrival instructions or appointment letter for contact information, if you have any questions about the procedure.

During the procedure

You will be sitting or lying down during the procedure.

A radiologist will use ultrasound to locate the calcium deposit in your shoulder.
Then, they will numb the area and break the calcium deposit with a needle.
The calcium will be then removed with a needle and a syringe.

After the procedure

- Do not use the shoulder and arm for 3 days. After 3 days, you may use the arm in a way that does not cause pain to your shoulder.
- For example, do not perform heavy labour or strenuous exercises within a week from the procedure.
- Keep the shoulder dry for a day.

Your shoulder may become swollen and ache. You can use a cold pack or cold gel at home to ease these symptoms.

Other things to note

You will not be charged for the examination separately.

Cancel the appointment if you cannot come. If you do not cancel, you will be charged a fine.

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