HUS GUIDELINE

PREGNANT STUDENTS IN PRACTICAL TRAINING

The purpose of this guideline is to ensure the safety of a pregnant student and her fetus during the student’s practical training at HUS. During practical training, the student is under the supervision of HUS management and is subject to the same guidelines as HUS staff. The student's pregnancy may lead to revision of the planned practical training. Due to the possibility of radiation exposure, some HUS traineeship units may be limited in their capacity to allow practical training during pregnancy.

During pregnancy, the student's practical training must end at least 30 working days (Mon–Sat) before the expected date of delivery, in accordance with the Kela guidelines on the start of maternity leave. The student must be registered as an attending student in an educational institution up to the expected date of delivery for the institution's insurance to be valid during the student's practical training.

Guidelines applicable to all HUS traineeship units

1. During pregnancy, the student's practical training must end at least 30 working days (Mon–Sat) before the expected date of delivery.
2. If the student’s maternity leave would start during the practical training, the implementation of the practical training must be discussed with the educational institution and the traineeship unit at least 2 weeks before the start of the training period.
3. It is recommended that a pregnant student discuss starting a practical training with an instructor from their educational institution and that the student inform the traineeship unit's supervisor of the pregnancy at least 2 weeks before the start of the practical training. It is possible that the student’s pregnancy affects the planning of the practical training.

**Guidelines applicable to HUS traineeship units that work with radiation sources**

1. If the traineeship unit works with radiation sources, it is especially recommended that the student inform the unit’s supervisor of the pregnancy. This should be done at least 2 weeks before the start of the practical training so that the supervisor will have time to check whether carrying out the practical training requires rearrangements.

*Guideline |HUS | Created by: Expert group on student instruction| Approved by:* HUS Nursing Executive Group [*dd.mm.yyyy*], HUS Research Director [dd.mm.yyyy]