

MRI examination of the upper abdomen

Your doctor has referred you for an MRI examination.

Please familiarise yourself with the patient history form in advance and **bring the filled in form with you.**

Due to the preparations required, please arrive to the examination department as advised below

- adults approximately 15 minutes
- children and adolescents 30 minutes

before the appointment booked for you.

Please reserve 2 hours for your visit.
The examination takes 30–60 minutes.
Patients who need urgent examinations may be examined before you.

Please see the arrival instructions or appointment letter for contact information, if you have any questions about the examination.

Before the examination

- You must abstain eating for 3 hours before the examination.
- Continue to take any medication prescribed by your doctor unless otherwise directed.
- Do not wear any transdermal patches.

- You should remove all jewellery and piercings and it is recommended that you leave them at home.

During the examination

An MRI examination provides precise anatomical images.

Imaging takes place in a tunnel-like device that is open from both ends.

You may have a support person in the examination room with you.

You will also have a signalling and speech connection to the radiographer performing the examination.

The success of the examination requires staying still.

Every attempt is made to have your examination position as comfortable as possible.

You will be given hearing protectors because the examination causes a relatively loud noise.

For certain examinations it may be necessary for you to hold your breath approximately 10–20 seconds at a time.

Breathing instructions might be given throughout the examination.

Children are recommended to practice breath holds before arriving to the examination.

It is possible to listen to the music during majority of examinations.

You may bring your own CD with you.

During the examination MRI contrast medium, which does not contain iodine, might be given via the vein.

Contrast agent improves the definition of tissues.

It is secreted from the body with urine.

After the examination

You will receive the results of the examination from the doctor who treats you. If you do not know how to find out the results, please contact the outpatient clinic or ward that referred you to this examination.

Other things to note

Please take your Kela-card or identification with you.

You will not be charged for the examination separately.

Cancel the appointment if you cannot come. If you do not cancel, you will be charged a fine.

Further information

Watch video of examinations: [youtube.com](https://www.youtube.com)
>> Tutkimukset minuutissa:
Magneettitutkimus.