

MRI examination of the small bowel with drink

Your doctor has referred you for an MRI department.

Please familiarise yourself with the patient history form in advance and **bring the filled in form with you.**

Please arrive to the examination department one hour before the appointment booked for you, due to the preparations required.

Please reserve 3 hours for your visit. The examination takes 30 minutes. Patients who need urgent examinations may be examined before you.

Please see the arrival instructions or appointment letter for contact information, if you have any questions about the examination.

Before the examination

Stop taking any iron tablet medication at least five days before the examination.

You will need to purchase Toilax tablets from the pharmacy.

On the day preceding the examination

- You are allowed to eat low-fat, low-fibre food: white bread, berry sauce, potatoes, and lean fish and chicken.
- You must not drink milk or eat meat, vegetables, fruit, porridge, whole-grain bread or butter.
- At 4pm., take two Toilax tablets with water to empty your bowels. After this, you may still eat according to the aforementioned diet.

On the day of the examination

- Refrain from eating. You must refrain from drinking for the four hours before your appointment.
- You may take medication prescribed to you by your doctor, with a small amount of water.
- Do not wear any transdermal patches.
- You should remove all jewellery and piercings and it is recommended that you leave them at home.

During the examination

You will be given 1.5 liters of liquid to drink 45 minutes before the study. It is a good idea

to move around a bit while you drink so that the liquid will move through your bowel more easily.

An MRI examination provides precise anatomical images.

Imaging takes place in a tunnel-like device that is open from both ends.

You will also have a signalling and speech connection to the radiographer performing the examination.

The success of the examination requires staying still.

We will try to make you as comfortable as possible.

You will be given hearing protectors because the examination causes a relatively loud noise.

A bowel-relaxing medicine is injected into your veins during the examination.

In addition, you will be administered paramagnetic contrast medium that does not contain iodine.

Patient Instruction

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HUS Medical Imaging Center
Radiology

[tutkimukseen.fi](https://www.tutkimukseen.fi)

The contrast medium is eliminated from the body in urine.

After the examination

You will receive the results of the examination from the doctor who treats you. If you do not know how to find out the results, please contact the outpatient clinic or ward that referred you to this examination.

Other things to note

Please take your Kela-card or identification with you.

You will not be charged for the examination separately.

Cancel the appointment if you cannot come. If you do not cancel, you will be charged a fine.

Further information

Watch video of examinations: [youtube.com](https://www.youtube.com)
>> Tutkimukset minuutissa:
Magneettitutkimus.