

## MRI examination of the joint

Your doctor has referred you for an MRI examination.

Please familiarise yourself with the MRI safety questionnaire in advance and **bring the filled in form with you.**

Due to the preparations required, please arrive to the examination department approximately 15 minutes before the appointment booked for you.

Please reserve approximately 2 hours for your visit.

The examination takes 30–60 minutes.

Patients who need urgent examinations may be examined before you.

Please see the arrival instructions or appointment letter for contact information, if you have any questions about the examination.

### Before the examination

- You may drink and eat normally.
- Continue to take any medication prescribed by your doctor.
- Do not wear any transdermal patches.
- You should remove all jewellery and piercings and it is recommended that you leave them at home.

### During the examination

A radiologist will inject a contrast medium into the joint before the MRI.

An MRI examination provides precise anatomical images.

Imaging takes place in a tunnel-like device that is open from both ends.

You may have a support person in the examination room with you.

You will also have a signalling and speech connection to the radiographer performing the examination.

The success of the examination requires staying still.

Every attempt is made to have your examination position as comfortable as possible.

You will be given ear plugs and headphones because the examination causes a relatively loud noise.

It is possible to listen to the music during majority of examinations.

You may bring your own CD with you.

### After the examination

For the rest of the day, please avoid strenuous exertion, such as heavy labour, exercise and any activities that cause stress to the treated joint.

You may remove the adhesive bandage in the evening and you are allowed to shower. Having a sauna is allowed on the day after the procedure.

Inflammations caused by the injection are very rare. If you develop skin redness, severe pain or a fever, contact on weekdays (Mon–Fri 8:00–15:30) the unit responsible for your care, your local health center or the emergency clinic in your home town.

The doctor in charge of your care will inform you of the results of the examination. If you have not already been booked for an appointment or for a phone consultation, please contact the unit treating you in order to obtain the results. The doctor in charge of your care will inform you of the results of the examination. If you have not already been booked for an appointment or for a phone consultation, please contact the unit treating you in order to obtain the results.

You will receive the results of the examination from the doctor who treats you. If you do not know how to find out the results, please contact the outpatient clinic or ward that referred you to this examination.

### Other things to note

Please take your Kela-card or identification with you.

You will not be charged for the examination separately.

Cancel the appointment if you cannot come. If you do not cancel, you will be charged a fine.

### Further information

Watch video of examinations: [youtube.com](https://youtube.com)

>> Tutkimukset minuutissa:

Magneettitutkimus.