

## MRI defecography

Your doctor has referred you for an MRI examination.

Please familiarise yourself with the MRI safety questionnaire in advance and **bring the filled in form with you.**

Due to the preparations required, please arrive to the examination unit **15 minutes before** the appointment booked for you. Please reserve approximately two hours for your visit.

The examination usually takes 30-60 minutes.

Patients who need urgent examinations may be examined before you.

Please see the arrival instructions or appointment letter for contact information, if you have any questions about the examination.

### Before the examination

- You may drink and eat normally.
- Continue to take any medication prescribed by your doctor.
- Do not wear any transdermal patches.
- Bowel cleansing is not necessary.

You should remove all jewellery and piercings and it is recommended that you leave them at home.

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Tunniste: 297

### During the examination

An MRI examination provides precise anatomical images.

Imaging takes place in a tunnel-like device that is open from both ends.

You may have a support person in the examination room with you.

You will also have a signalling and speech connection to the radiographer performing the examination.

The success of the examination requires staying still.

For this study, you will lie on your back with your legs slightly bent. We will try to make your examination position as comfortable as possible.

You will be given ear plugs and headphones because the examination causes a relatively loud noise.

It is possible to listen to the music during majority of examinations.

You may bring your own CD with you.

Before the study, you will visit the lavatory to void your bladder. The rectum will be filled with gel.

During the study, we will give you instructions for tightening and relaxing your pelvic floor muscles. At the end of the study, you will be asked to bear down and have a bowel movement. Scanning will be done at

the same time to record muscle function and the act of defecating.

## **After the examination**

The examination does not require any post treatment.

You will receive the results of the examination from the doctor who treats you. If you do not know how to find out the results, please contact the outpatient clinic or ward that referred you to this examination.

## **Patient Instruction**

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HUS Medical Imaging Center  
Radiology

[tutkimukseen.fi](https://www.tutkimukseen.fi)

## **Other things to note**

Please take your Kela-card or identification with you.

You will not be charged for the examination separately.

Cancel the appointment if you cannot come.

If you do not cancel, you will be charged a fine.

## **Further information**

Watch video of examinations: [youtube.com](https://www.youtube.com)

>> Tutkimukset minuutissa:

Magneettitutkimus.