

Treatment of calcium deposits in tendon of the shoulder in Jorvi Hospital x-ray unit

In this procedure, a calcium deposit in your rotator cuff will be removed with a needle.

Please note when you arrive:

- You cannot drive a car for 12 hours after the procedure.

Please arrive **30 minutes before** your scheduled appointment.

You will receive pain medication then.

Please reserve 2 hours for the entire visit. The procedure lasts for approximately 30 minutes.

Patients who need urgent examinations may be examined before you.

Please see the arrival instructions for contact information, if you have any questions about the procedure.

During the procedure

You will be sitting or lying down during the procedure.

An intravenous cannula will be placed, and you will receive more pain medication via the cannula if necessary.

A radiologist will use ultrasound to locate the calcium deposit in your shoulder.

Then, they will numb the area and break the calcium deposit with a needle.

The calcium will be then removed with a needle and a syringe.

After the procedure

- Do not strain your shoulder. For example, do not perform heavy labour or strenuous exercises.
- Keep the shoulder dry for a day.
- Wear the arm sling for 4 days.

Your shoulder may become swollen and ache. You can use a cold pack or cold gel at home to ease these symptoms.

Other things to note

Please take your Kela-card or identification with you.

You will not be charged for the examination separately.

Cancel the appointment if you cannot come. If you do not cancel, you will be charged a fine.



Patient Instruction
HUS Medical Imaging Center
Radiology

2 (2)

tutkimukseen.fi

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