

## Ultrasound-guided biopsy from the abdomen

You have been referred for a procedure.

The procedure usually takes 30-45 minutes. Patients who need urgent examinations may be examined before you.

After the procedure, you will rest at an inpatient ward or at an outpatient clinic.

Please see the arrival instructions or appointment letter for contact information, if you have any questions about the examination.

### Before the procedure

- Take your prescribed medication as instructed.
- Do not eat for 3 hours before the procedure.

If **you are on blood-thinning medication**, your referring physician will provide

- instructions for taking your medication, and
- a referral for a laboratory test.

### During the procedure

You will be lying down for the examination and you will need to remove clothes from the area to be examined.

A radiologist will spread gel on the area to be examined and move the ultrasound probe on your skin.

The radiologist will anesthetize the injection site and then take a needle biopsy.

The sample will be sent to the laboratory to be analyzed.

### After the procedure

- You will return to the ward after the procedure where you need to stay in bedrest. The physician at the ward or the outpatient clinic will instruct you on your future care.
- If the biopsy is taken from the kidney, your urine may appear pink for a few days.
- You will receive the results of the examination from the doctor who treats you.
- If you do not know how to find out the results, please contact the outpatient clinic or ward that referred you to this examination.

### Other things to note

- Please take your Kela-card or identification with you.
- You will not be charged for the procedure separately.
- Cancel the appointment if you cannot come. If you do not cancel, you will be charged a fine.



**Patient Instruction**  
HUS Medical Imaging Center  
Radiology

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[www.tutkimukseen.fi](http://www.tutkimukseen.fi)

### Further information

Watch video of examinations:

[www.youtube.com](http://www.youtube.com) >> Tutkimukset  
minuutissa: Ultraääni

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