

## Fundus (eyeground) screening

You have received a referral to fundus (eyeground) screening.

Make an appointment via internet. The address is <https://ajanvaraus.hus.fi>

You can also make the appointment by telephoning the appointments number at HUS Medical Imaging Center,

tel. 09 471 80900 (Mon–Fri from 8am to 3:30pm).

Please note! If you have undergone an eye operation or an eye specialist has examined you after you visited your personal doctor or diabetes nurse, please take a summary of your examinations and treatments to your personal doctor and nurse at your next appointment. This will help in establishing the appropriate time for your next imaging.

Imaging is not recommended immediately following a procedure, and it is also not necessary to perform imaging simultaneously with fundus examination.

### Preparation for examination

Fundus photography does not require any preparation. You do not need to arrive in advance.

The photography will take a few minutes, but you should reserve about 1 hour for the visit.,

because eye drops will be put into your eyes to dilate the pupils. The duration of the effect of the drops on vision varies among individuals.

Remove any contact lenses before the imaging.

If you are allergic to eye drops, mention that to the staff.

### Examination

During the photography, you will sit in front of a camera and focus your eyes into a focus point. A strong flash is used when the images are taken and it blinds the eye momentarily.

### After the examination

After the examination, the eye drops will affect your vision for about 2–3 hours. Sunglasses will protect your eyes from glare.

You are not recommended to drive after the examination.

You will get the result from the unit responsible for your care

### Other things to note

Please bring your KELA card with you.

You will see the text “Silmänpohjakuvaus” on the door to the room.