PATIENT INSTRUCTION
RADIOLOGY

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Ultrasound-guided procedure of the abdominal region

Your doctor has referred you for an ultrasound-guided procedure. The treating unit will inform you of the time and place of the examination.

The actual examination takes approximately 30 minutes. The radiology department also examines emergency patients, which may cause changes to the schedule. Please reserve 60 minutes for the examination.

Preparation for procedure
- You may take the medication prescribed to you by your doctor normally. If you are on anticoagulant drugs, please abide by the instructions regarding a pause in medication provided by your treating unit.
- You must abstain from eating for at least 3 hours before the procedure.
- The region needs to be free of clothing during the examination.

Procedure
During the procedure, you will lie on the examination table. The procedure may involve a needle biopsy of the site to be examined, removal of fluid or placing a catheter in a cyst in the abdominal region. The procedure will be performed under local anaesthesia. The procedure does not cause exposure to radiation.

After the procedure
After the procedure, you must stay in bed in hospital for 1–6 hours depending on the procedure. Your treating doctor will assess if you require any post treatment.

The doctor in charge of your care will inform you of the results of the procedure. If you have not already been booked for an appointment or for a phone consultation, please contact the unit treating you in order to obtain the results.

Other things to note
Please take your health insurance card (Kela card) or identity card with you.
A separate fee will be charged for missed examinations which have not been cancelled beforehand.

These instructions are on the HUS website: www.hus-imaging.fi > Examinations > Ultrasound

Date of entry: 27.3.2017
Language versions: Vatsan alueen ultraääniohjattu toimenpide, Ultraljudslett ingrepp i bukregionen, Ultrasound-guided procedure of the abdominal region