Ultrasound examination of the urinary organs, lower abdomen, prostate or gynecological organs

You have been referred for an ultrasound examination. Your treating unit will inform you of the time and place of the examination.

Please reserve 60 minutes for the examination. The actual examination takes approximately 20 minutes, but in some cases, emergency examinations cause changes to the examination schedule.

Preparation for examination

The purpose of the preparations is to achieve as good visibility as possible to the body region to be examined.

- Two hours before the examination, drink 1 litre of water. After that, do not empty your bladder. If you suffer from bladder incontinence you may come to the radiology department to drink water an hour before the examination appointment.
- Two hours before the examination, close your urologic catheter, if applicable.
- You may eat normally.
- The region needs to be free of clothing during the examination.

Examination

An ultrasound examination is painless. During the examination, you will lie on the examination table, the area to be examined will be spread with gel.

After the examination

If you have closed your urinary catheter, open it.

The doctor in charge of your care will inform you of the results of the examination. If you have not already been booked for an appointment or for a phone consultation, please contact the unit treating you in order to obtain the results.

Other things to note

Please take your health insurance card (Kela card) or identity card with you.

A separate fee will be charged for missed examinations which have not been cancelled beforehand.