Ultrasound examination of the upper abdomen

Your doctor has referred you for an ultrasound examination. The treating unit will inform you of the time and place of the examination.

The actual examination takes approximately 20 minutes, but in some cases, emergency examinations cause changes to the examination schedule. Please reserve 60 minutes for the examination.

Preparation for examination

The purpose of the preparations is to achieve as good visibility as possible to the body region to be examined.

- You must abstain from eating and drinking for at least 3 hours before the examination.
- Avoid chewing gum and drinking carbonated beverages as these cause intestinal gas.
- Take medication prescribed to you by your doctor according to instructions.
- The region needs to be free of clothing during the examination.

Examination

An ultrasound examination is painless and does not cause exposure to radiation. During the examination, you will lie on the examination table, the area to be examined will be spread with gel and the examination conducted with the aid of ultrasound.

After the examination

After the examination, you may eat and drink normally.

The doctor in charge of your care will inform you of the results of the examination. If you have not already been booked for an appointment or for a phone consultation, please contact the unit treating you in order to obtain the results.

Other things to note

Please take your health insurance card (Kela card) or identity card with you.

A separate fee will be charged for missed examinations which have not been cancelled beforehand.

These instructions are on the HUS website: www.hus-imaging.fi > Examinations > Ultrasound

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