Lower abdominal ultrasound examination
Female transabdominal pelvic ultrasound

You have an appointment for an ultrasound examination. The treating unit will inform you of the time and place of the examination.

Duration of the examination is approximately 20 minutes. The radiology department also examines emergency patients, which may cause changes to the schedule. Please reserve 60 minutes for the examination.

Preparation for examination

The purpose of the preparations is to achieve as good visibility as possible to the body region to be examined.
- You may eat normally.
- Two hours before the examination, drink 1 litre of water. After that, do not empty your bladder. If you suffer from bladder incontinence you may come to the radiology department to drink water an hour before the examination appointment.
- If you have urologic catheter, close it 2 hours before the examination.
- The region needs to be free of clothing during the examination.

Examination

An ultrasound examination is painless and does not cause exposure to radiation. During the examination, you will lie on the examination table, the area to be examined will be spread with gel and the examination conducted with the aid of ultrasound.

After the examination

If you have closed your urinary catheter, open it.
Your treating doctor will inform you of the results of the examination. If you have not already been booked for an appointment or for a phone consultation, please contact the unit treating you in order to obtain the results.

Other things to note

Please take your health insurance card (Kela card) or identity card with you.
A separate fee will be charged for examinations which have not been cancelled.