Hip joint ultrasound examination - children

Your child has received a referral for a hip joint ultrasound examination. The treating unit will inform you of the time and place of the examination.

The actual examination takes approximately 20 minutes. The radiology department also examines emergency patients, which may cause changes to the schedule. Please reserve 60 minutes for the examination.

A child patient should be accompanied by one or two guardians.

**Preparation for examination**

No special preparations are needed.

**Examination**

An ultrasound examination is painless and does not cause exposure to radiation. Your child will be placed lying down on his or her back on the examination table with the lower part of the body exposed. The radiologist spreads some warm gel on hip area skin and examines the hips with an ultrasound transducer. Ultrasound of the hip is usually performed either because of hip joint pain or dislocation.

a) If examined because of hip joint pain, the child will lie on their back.

b) If examined because of a suspected hip joint dislocation, the child is examined while lying on both of their sides and on their back. An attempt is made to push the hip joint out from the joint cavity during the examination.

**After the examination**

The examination does not require any post treatment.

The results of the examination will be delivered to the unit treating your child. If you do not have an appointment or phone consultation time booked, please contact the treating unit.

**Other things to note**

Please take your child’s health insurance card (Kela card) or identity card with you.