Abdominal ultrasound examination

Your doctor has referred you for an ultrasound examination. The treating unit will inform you of the time and place of the examination.

The actual examination takes approximately 20 minutes. The radiology department also examines emergency patients, which may cause changes to the schedule. Please reserve 60 minutes for the examination.

Preparation for examination

No special preparations are needed. The purpose of the preparations is to achieve as good visibility as possible to the body region to be examined.

- You must abstain from eating at least for 3 hours before the examination.
- Do not chew gum or drink carbonated drinks on the examination day, because they cause intestinal gas.
- Please drink enough fluids before the examination. The urinary bladder must be full in the beginning of the examination.
- If you have urologic catheter, close it 2 hours before the examination.
- Take medication prescribed to you by your doctor according to instructions.
- The region needs to be free of clothing during the examination.

Examination

An ultrasound examination is painless and does not cause exposure to radiation. During the examination, you will lie on the examination table, the area to be examined will be spread with gel.

After the examination

After the examination, you may eat and drink normally. If you have closed your urinary catheter, open it.

The doctor in charge of your care will inform you of the results of the examination. If you have not already been booked for an appointment or for a phone consultation, please contact the unit treating you in order to obtain the results.

Other things to note

Please take your health insurance card (Kela card) or identity card with you.

A separate fee will be charged for missed examinations which have not been cancelled beforehand.