CT of the body
Abdomen, lower abdomen, body or urinary tract

You have received a request for a CT examination. The treating unit will inform you of the time and place of the examination.

Duration of the examination is approximately 15 minutes, but in some cases, emergency examinations cause changes to the examination schedule. Please reserve 60 minutes for the examination.

Preparation for examination
- You must abstain from eating for 2 hours before the examination.
- You should drink water or juice until the beginning of the examination.
- Take medication prescribed to you by your doctor according to instructions.
- You should have some urine in your bladder.

If you are hypersensitive to iodine-bearing contrast medium or you are / suspect you might be pregnant, please inform of this to the treating doctor or radiographer before the procedure.

If you are a peritoneal dialysis patient, please empty the dialysis fluid from the abdominal cavity for the duration of the scan.

Examination
In a CT, x-rays are used to form tomographic slices of the target. Examination is painless. During the examination, you need to lie still as motion causes image distortion. The radiographer has a speech, hearing and visual contact to you.

Often iodinated contrast medium is administered intravenously through an IV catheter on the hand or elbow. The contrast agent improves the visibility of blood vessels and different tissues. The contrast medium may cause a momentary sensation of warmth and sometimes metallic taste in the mouth. The contrast medium will excrete through the urine.

After the examination
Contrast medium does not prevent driving or returning to work.

Your treating doctor will inform you of the results of the examination. If you have not already been booked for an appointment or for a phone consultation, please contact the unit treating you in order to obtain the results.

Other things to note
Please take your health insurance card (Kela card) or identity card with you.

A separate fee will be charged for examinations which have not been cancelled.