Mammary gland ultrasound and possible biopsy

Your doctor has referred you for an ultrasound examination. The treating unit will inform you of the time and place of the examination.

You should set aside 2 hours for your visit. The ultrasound examination usually takes 30 minutes. Sometimes patient in need of an emergency examination may be admitted ahead of you.

**Preparation for examination**

The examination or the possible biopsy collection do not require any preparation.

**Examination**

Both breasts will be examined in the breast ultrasound examination.

If biopsy sample is collected during the ultrasound examination, it is usually done under local anesthesia.

**After the examination**

A breast ultrasound examination does not require any aftercare.

If a tissue sample biopsy was taken in the examination, you will be given instructions for aftercare. You should note that the injection site should be kept dry for the next 24 hours. Also heavy physical exertion should be avoided during this time.

Your breast may be painful after the biopsy. You can take acetaminophen (e.g. Panadol® or Paratabs®) or ibuprofen (e.g. Burana®) for this. Acetylsalicylic acid (e.g. Aspirin® or Disperin®) is not recommended.

Doctor in charge of your care will inform you of the results of the examination. If you have not already been booked for an appointment or for a phone consultation, please contact the unit treating you in order to obtain the results.

**Other things to note**

Please take your health insurance card (Kela card) or identity card with you.

If you have images or a CD from a mammography or a breast ultrasound examination that you obtained from an institute other than HUS Imaging (previously HUS Röntgen), or from your home municipality’s screening examination unit, please bring them with you when you come to the examination.

A separate fee will be charged for missed examinations which have not been cancelled beforehand.